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Evaluation of the antitumour effect of *Cynodon dactylon* and *Aristolochia bracteata* against Ehrlich ascites carcinoma (EAC) induced mice

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ABSTRACT**Aim**

Evaluation of the antitumour effect of *Cynodon dactylon* and *Aristolochia bracteata* against Ehrlich ascites carcinoma (EAC) induced mice.

Methods

Antitumor activity of chloroform extract with various doses of *Cynodon dactylon* and chloroform extract of *Aristolochia bracteata* was evaluated against Ehrlich ascites carcinoma (EAC) tumor mice. Acute and short-term toxicity studies were performed initially in order to ascertain the safety of chloroform extract of *Cynodon dactylon* and *Aristolochia bracteata*. After 24 h of tumor inoculation, the extract was administered daily for 14 days. After the administration of the last dose animals (mice) were made to fast for 18 h then sacrificed for evaluation of antitumor activity. The effect of Chloroform extract of *Cynodon dactylon* and *Aristolochia bracteata* on the growth of transplantable liquid tumor, life span of EAC bearing Swiss Albino mice and simultaneous alterations in hematological profile were estimated.

Results

The Chloroform extract of *Cynodon dactylon* and *Aristolochia bracteata* showed significant ($P < 0.05$) decrease in tumor volume, packed cell volume and viable cell count, and increased the nonviable cell count and mean survival time thereby increasing life span of EAC tumor bearing mice. Haematological profile reverted to more or less normal levels in extract treated mice.

Conclusion

The Chloroform extract of *Cynodon dactylon* and *Aristolochia bracteata* exhibited statistically significant antitumor effect depending on dose and duration of treatment.

Keywords: *Cynodon dactylon*, *Aristolochia bracteata*, Ehrlich ascites carcinoma, Mean survival time, Viable cell count.

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INTRODUCTION

Cancer continues to represent the largest cause of mortality in the world and claims over six million lives every year. [1] An extremely promising strategy for cancer prevention today is chemo prevention, which is defined as the use of synthetic or natural agents (alone or combination) to block the development of cancer in humans. Plants such as herbs and shrubs are used in traditional medicine have been accepted currently as one of the main source of cancer chemoprevention drug discovery and development. [2] There is overwhelming demand for the pharmacological evaluation of plants used in Indian traditional system of medicine. Plant derived natural products such as alkaloids, flavonoids, resins, tannins, have received tremendous attention in the sight of researchers due to their diverse pharmacological properties including antioxidant and antitumor activity [3, 4]. Antioxidants which are obtained from the plants are inhibiting the scavenging radicals, by ultimately providing protection to humans against degenerative diseases.

Epidemiological studies have suggested that certain dietary compounds are associated with lowering of cancer risk. [5] These dietary supplements include vitamins as well as other phytochemicals, particularly polyphenols. Because most of phytochemicals are safe at the levels they found in the diet the plants like *Actinidia macrosperma*, popularly called cat ginseng is useful in the treatment of cancer. [6] The

polyphenolic present in most plants shown in vitro antioxidant activity and inhibits the growth of cancer cell culture. [7, 8, 9] Anticancer activity of *Scutellaria baicalensis* shown potent activity against human malignant brain tumor cells. [10] Recruitment of new blood vessels or increasing level of cytotoxic T-lymphocytes may be a possible role of some of phytochemicals, example *Convolvulus arvensis*. [11] Also *Indigofera aspalathoides* shown potent antitumor activity against EAC induced mice and several phytochemicals containing plants shown a promising anticancerous agents that are non toxic to normal cells. CECD phytochemical investigation shows the presence of alkaloids, tannins, flavonoids and earlier research activities shows potent antioxidant, [12] cardioprotective, [13] and antiulcer activity. [14] CEAB scientifically validated for antioxidant, [20] anti-inflammatory activity [19] and also used in liver disorders. On all these basis the present study of evaluation of anticancer activity of CECD and CEAB was carried out in EAC induced mice.

PLANT PROFILE

India, with its varied climatic conditions, is a repository of a rich and diverse flora, which is the mainstay of well-organized Indian traditional systems of medicine viz. Ayurveda and Siddha. Plants belonging to family Poaceae, which is widely distributed throughout India and frequently used in traditional medicines.

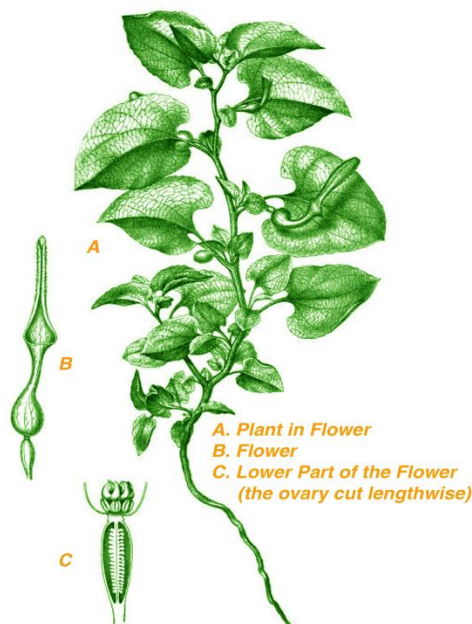
Cynodon dactylon



India : Doob
 English : Dhub grass, Bermuda grass, Bahama
 grass

Aristolochia bracteata Retz (Family:
 Aristolochiaceae)

Aristolochia bracteata R.



Synonyms

A. abyssinica Klotzsch, *A. bracteolata* Lam, *A. lotschyi*,
A. rich.

Vernacular names of plant

Sanskrit : Dhumrapatra [15], Pattra-bhanga [16]
 English : Bracteated birthwort [17, 18]

MATERIAL AND METHODS

Preparation of plant extract

The whole plant was authenticated by the Botanist of Srivenkateshwara University- Dr. Madhava Chetty. It was collected in the ideal conditions, washed with 2% KMnO_4 then air dried under shade and powdered to a fine and uniform texture by passing through sieve no. The powder was extracted by successive solvent extraction method using petroleum ether, chloroform and methanol for 24 hrs/cycle. The extract obtained was concentrated and reconstituted with saline & administered orally daily in single dose.

Animals

Female Swiss Albino mice weighing between 20 –30 g were used for the study. Food and water

were supplied (ad libitum) and the animals were kept in a 12 h light: 12 h dark cycle and environment temperature (23 ± 1 °C) in standard propylene cages. All the animals were monitored till the end of the study and sacrificed for weighing the organs and finally the dead animals were incinerated and discarded. All experiments were conducted in accordance with the direction of Institutional Animal Ethics Committee, Deccan School of Pharmacy, Hyderabad.

Treatment groups

The animals were divided into eleven groups of 12 animals and to the animals from group – 2 to 11 one million cancer cells were transplanted i.p. The animals are grouped as follows:

- Group-1: serve as normal without any administration
- Group-2: serve as tumor control, without any treatment
- Group-3: serve as standard (Cyclophosphamide 5 mg/kg)
- Group-4: chloroform extract of *C. dactylon* administered (50 mg/kg)
- Group-5: chloroform extract of *C. dactylon* administered (100 mg/kg)

Group-6: chloroform extract of *C.dactylon* administered (200 mg/kg)

Group-7: chloroform extract of *C.dactylon* administered (250 mg/kg)

Group-8: chloroform extract of *A.bracteata* administered (50 mg/kg)

Group-9: chloroform extract of *A.bracteata* administered (100 mg/kg)

Group-10: chloroform extract of *A.bracteata* administered (200 mg/kg)

Group-11: chloroform extract of *A.bracteata* administered (250 mg/kg)

Induction of Ehrlich Ascites Carcinoma

Mice (donor) bearing the ascitic carcinoma was taken 15 days after tumor transplantation. A sterile syringe with 18 guage was used to draw the ascitic fluid from the body of mice. A small amount of ascitic fluid was tested for microbial contamination. Tumor viability was determined by Trypan blue exclusion test and cells were counted by using haemocytometer. The ascitic fluid was

suitably diluted in normal saline to get a concentration of 10^6 cells /ml. of tumor cell suspension. This was injected intraperitoneally to obtain ascitic tumor. Weight of the mice was recorded on the day of tumour inoculation and after that every day for 3 days. Treatment was started 24 hours after tumor inoculation. Cyclophosphamide was orally administered daily to the standard group. Extracts of different doses were administered to the animals from group – 4 to 11 till the 14th day orally. [20]

Evaluation parameters:

1. Percentage increase in body weight as compared to day- 0.
2. Mean survival time (MST).
3. Percentage increase in life span (% ILS).
4. Percentage increase in life span (% ILS).
5. Cell viability test (% survivors of malignant cells in ascitic fluid). [21-25]
6. Hematological parameters: a) Total W.B.C. and DLC b) Total R.B.C. and Hemoglobin content.

RESULTS

Table-1.Effect of drugs on body weight changes in tumor induced mice

Group	Day-0	Day-3	Day-6	Day-9	Day-12	Day-15
Control	23.62± 0.72	24.420± 0.73	25± 0.76	27.9± 1.14	27.57± 1.17	27.25± 1.51
Cyclophosphamide 5 mg/kg	23.77± 0.54	24.3± 0.48	25.68± 0.43	25.42± 0.46	25.99± 1.03	26.99± 0.83
CECD 50 mg/kg	24.83± 0.31	25.08± 0.16	24.37± 0.21	24.53± 0.14	24.58± 0.33	25.05± 0.23
100 mg/kg	24.30± 0.85	24.48± 0.94	24.03± 0.91	23.93± 1.005	23.78± 1.34	24.28± 1.28
200 mg/kg	25.25± 0.46	25.52± 0.50	25.98± 0.35*	26.0± 0.41*	26.0± 0.34*	26.28± 0.33
250 mg/kg	27.33± 0.61	28.20± 0.66	27.1± 0.60	25.43± 1.19	25.13± 0.91*	25.23± 0.84
CEAB 50 mg/kg	24.83± 0.33	26.72± 0.44**	25.80± 0.86	25.13± 0.93**	24.28± 1.24	23.67± 1.62
100 mg/kg	23.67± 0.82	24.03± 0.80	23.9± 1.15	23.47± 1.10	24.77± 0.88	23.43± 1.47
200 mg/kg	27.25± 0.36	26.92± 0.24	26.77± 0.47	26.17± 0.53	25.43± 0.59	25.18± 0.77

250 mg/kg	25.83±	25.8±	26.6±	24.83±	24.35±	23.97±
	0.307	0.553	0.509	0.302*	0.453	0.605

Different groups of Female Swiss Albino mice weighing between 20-30 gms were taken. To each group of animal's equal proportion of cancer cells were administered. After 24 hrs of inoculation different doses of CECD and CEAB were administered to different groups and their weights

were constantly seen for every 3 days. Data collected as mean \pm SEM and analysed by student-t test by comparing control group with normal mice and extracts treated are compared with negative control group. $P < 0.05$ is significant. $n=6$. * $P < 0.05$, ** $P < 0.01$.

Table-2. Effect of different concentrations of drugs on Blood cells (WBC, RBC, PLT, LYM) in tumor induced mice

Group	WBC ($\times 10^3/\mu\text{L}$)	RBC ($\times 10^6/\mu\text{L}$)	PLT ($\times 10^3/\mu\text{L}$)	LYM %
Normal	8.165±	7.845±	840.2±	88.82±
	0.6781	0.2761	61.49	1.681
Negative Control	16.03±	7.472±	571.2±	84.32±
	0.5909**	0.1799	54.94*	5.575
Cyclophosphamide	9.267±	7.883±	1251±	86.05±
	0.7338**	0.1752	122.0**	4.470
CECD				
50 mg/kg	9.517±	6.90±	690.3±	93.48±
	0.4729**	0.3682	65.22	0.9810
100 mg/kg	10.69±	6.88±	772.3±	89.23±
	0.85**	0.30	69.85*	1.933
200 mg/kg	12.5±	8.20±	713.3±	92.07±
	0.4137*	0.1787*	62.82	0.9587
250 mg/kg	12.23±	7.00±	626.2±	90.95±
	0.7762*	0.4499*	77.14	1.119
CEAB				
50 mg/kg	10.68±	7.269±	850.8±	86.05±
	0.8382**	0.4937	103.9	4.470
100 mg/kg	9.677±	7.30±	885.2±	88.17±
	1.404**	0.5256	93.97*	3.660
200 mg/kg	5.877±	7.456±	814.3±	89.90±
	0.7614**	0.6244*	69.64	2.163
250 mg/kg	5.70±	5.932±	551±	87.3±
	0.8869**	0.6497*	106.8	2.157

Different groups of Female S. Albino mice weighing between 20-30 gms were taken. To each group of animal's equal proportion of cancer cells were administered. After 24 hrs of inoculation different doses of CECD & CEAB were administered to different groups. On 15th day the blood is drawn retro-orbitally and blood cells such

as WBC, RBC, Platelets, and Lymphocytes were counted by the digital cell counter with a model number Sysmex KX [30]. Data collected as mean \pm SEM and analysed by student t test by comparing control group with normal mice and extracts treated are compared with negative control group. $P < 0.05$ is significant. $n=6$. * $P < 0.05$, ** $P < 0.01$

Table-3. Effect of different concentrations of drugs on blood cells in tumor induced mice

Group	HGB g/dL	PCV %	MCV fL	MCH Pg	MCHC /dL
Normal	11.80±	36.23±	49.10±	16.00±	32.58±
	0.4858	1.247	0.6899	0.5013	0.839
Negative-control	12.73±	39.10±	48.95±	15.95±	32.63±
	0.3180	1.296	0.9615	0.1384	0.4544
Cyclophosphamide	11.90±	36.65±	48.35±	15.83±	33.17±
	0.5477*	1.656	0.6520	0.1726	0.5270
CECD					
50 mg/kg	10.63±	33.52±	49.3±	15.63±	31.73±
	0.643**	2.009*	0.77	0.24	0.335
100 mg/kg	10.5±	33.9±	49.3±	15.3±	31.0±
	0.5***	1.67*	0.67	0.259*	0.414***
200 mg/kg	12.23±	41.25±	50.2±	14.9±	29.68±
	0.304***	1.126	0.66	0.360***	0.473***
250 mg/kg	9.150±	28.85±	47.82±	15.20±	31.88±
	0.73**	2.669**	0.9046	0.1713**	0.4143
CEAB					
50 mg/kg	11.90±	36.65±	48.35±	15.83±	33.17±
	0.547	1.656	0.6520	0.1726	0.5270
100 mg/kg	11.07±0.9054	32.08±	46.83±	16.38±	35.12±
		3.241*	1.107	0.5924	1.963
200 mg/kg	11.98±	36.27±	48.35±	16.13±	33.43±
	0.9199	3.461	0.6908	0.1909	0.8325
250 mg/kg	9.5±	30.16±	48.24±	16.34±	33.84±
	1.349*	2.814*	0.8041	0.4190	0.5250

Different groups of Female S.Albino mice weighing between 20-30 gms were taken. To each group of animal's equal proportion of cancer cells were administered. After 24 hrs of inoculation different doses of CECD & CEAB were administered to different groups. On 15th day the blood is drawn from retroorbital plexus and various hematological parameters such as Hb, PCV, MCV, MCH & MCHC

were measured by the digital cell counter with a model number- Sysmex KX [30]. Data collected as mean ± SEM and analysed by student-t test by comparing control group with normal mice and extracts treated are compared with negative control group. P<0.05 is significant. n=6. *P<0.05, **P<0.01, ***P<0.001

Table-4. Effect of different concentrations of drugs on peritoneal cells (million/ml) in tumor induced mice

Group	Mean
Negative control	39±0.64
Cyclophosphamide (5 mg/kg)	13.80±1.25*
CECD	
50 mg/kg	2.6±0.12*
100 mg/kg	7.17±0.23*
200 mg/kg	4.74±0.384*
250 mg/kg	16.1±0.57*

CEAB	
50 mg/kg	51.53±0.72*
100 mg/kg	22.23±0.593*
200 mg/kg	17.33±0.338*
250 mg/kg	15.17±0.12*

Different groups of Female Swiss Albino mice weighing between 20-30 gms were taken. To each group of animal's equal proportion of cancer cells were administered. After 24 hrs of inoculation different doses of chloroform extract of A, bracteata and C. Dactylon were administered to different groups. On 15th day the peritoneal fluid is withdrawn

from the peritoneal cavity and number of viable cells are counted on Neobaur's chamber. Data collected as mean ± SEM and analyzed by student t test by comparing control group with normal mice and extracts treated are compared with negative control group. P <0.05 is significant. n=6. *P<0.01

Table-5. Effect of drugs on Spleen and Thymus weight in tumor induced mice

Group	Wt of spleen (gms)	Wt of Thymus (gms)
Normal	0.313±0.003	0.07±0.005
Negative control	0.21±0.033**	0.053±0.006**
Cyclophosphamide	0.16±0.015	0.07±0.007
CECD		
50 mg/kg	0.192±0.005*	0.097±0.003**
100 mg/kg	0.25±0.007	0.13±0.004**
200 mg/kg	0.213±0.007	0.07±0.017
250 mg/kg	0.173±0.01	0.102±0.014*
CEAB		
50 mg/kg	0.17±0.011	0.072±0.002*
100 mg/kg	0.265±0.009	0.077±0.004*
200 mg/kg	0.147±0.008	0.083±0.006*
250 mg/kg	0.21±0.027	0.072±0.005*

Different groups of Female Swiss Albino mice weighing between 20-30 gms were taken. To each group of animal's equal proportion of cancer cells were administered. After 24 hrs of inoculation different doses of chloroform extract of A, bracteata and C. dactylon were administered to different groups. On 15th day the animals were sacrificed, their

spleen and thymus gland is removed and weighed. Data collected as mean ± SEM and analysed by student t test by comparing control group with normal mice and extracts treated are compared with negative control group. P <0.05 is significant. n=6. *P<0.05, **P<0.01

Table-6. Effect of different concentration of extracts on tumor living cell number in Ascitic fluid of tumor induced mice

Drug	Mean % Death After 3 hrs			
	10 µg / ml	20 µg / ml	40 µg / ml	50 µg / ml
Cyclophosphamide	15.3	100	100	100
CEAB	19.8	68.3	61.1	68
CECD	74	82.3	91	96

Control = 6 %

The ascitic fluid was withdrawn from animals which were induced with EAC cell lines, 0.1 ml of ascitic fluid was aspirated, and it was diluted with 2ml of phosphate buffered saline (PBS). To this equal volume of different extracts were mixed and this mixture was incubated for 3 hrs at 37° C. Then the mixture was added to 0.5ml of trypan blue and mixed thoroughly. The diluted suspension was charged into hemocytometer. The viable cells were (unstained) counted in a WBC chamber under a microscope and the mean numbers of cells in four chambers were calculated and expressed in terms of mean percent death.

DISCUSSION

The great majority of chemical identified as cytotoxic to cancer cells are generally also toxic to normal cell. Nevertheless, the potentiation of host defense mechanisms has been recognized as a possible means of inhibiting tumor growth without harming the host. Therefore, searching for immune enhancement effects may have great potential in cancer treatment. Our immune system is one of the body vital defenses to fight against cancer. When normal cells transform into cancerous cells, few of the antigens on their surface change. New or altered antigens alerts the immune defenders, which includes cytotoxic T cells, natural killer cells, and macrophages. Tumors develop when the monitoring system breaks down or is overwhelmed. Some tumors may escape from the immune defenses by hiding or disguising their tumor antigens. On the other hand, tumors may survive by encouraging the production of suppressor T cells; these T cells act as the tumor's allies, blocking cytotoxic T cells that would normally attack it. On the basis of this, more versatile plants used as a source of active phytochemicals from CECD and CEAB. In the present studies, the hematological parameters including hemoglobin content and RBC count was increased significantly and along with lymphocytes count and platelet count dose dependent manner. The relation between immune states and the occurrence, growth and decline of tumor is one of the essential problem in tumor treatment. Earlier report suggest that various biological response modifiers which are natural products having biological activity to enhance host defense system have been considered as useful

to inhibit tumor growth in cancer immunology. [26, 27] In the previous studies carried out in our laboratory it has been proved that, both of these plant extracts possess antiallergic and antiarthritic activities. [28] These studies supported the earlier possible mechanism of TNF- α and other cytokines depletion. [29] Based on the results of present study and previous studies, the effect of these plant extracts life prolonging action may be due to the above said mechanism.

The hematological data in our study shown an increased level of leucocytes, and other health parameters, including Hb, MCV, PCV, MCH, and MCHC indicating strengthening non-specific immunity. In nonspecific immunity, macrophages play an important role in host defense mechanism [29] through producing TNF- α and nitric oxide. Based on these results, we report that, chloroform extract of *C.dactylon* and *A. bracteata* extracts dose dependently improved non specific immune functions in EAC induced tumor mice thereby enhancing lymphocytes proliferations, NK cell cytotoxicity, macrophage fraction and secretion of antibody and rise in effectors molecule TNF- α , and leading to inhibition of carcinogenesis and metastasis and prolonging total survival time. The plant extracts produced insignificant gain in spleen and thymus gland weight in tumor induced mice. These results indicate that, the anticancer activity does not involve activation and regulation of hemopoietic system. In both the extracts treated animals showed significant increased mean percentage death of tumor cells indicates direct and indirect cytotoxicity on tumor cells. The anticancer activity shown by both the plant extracts may be due to the presence of the most important active constituents like alkaloids, polyphenolic and flavonoids.

CONCLUSION

We summarize and conclude from the present study that the *Aristolochia bracteata* and *Cynodon dactylon* chloroform extract possess anti-tumor activity against EAC induced in mice. Based on the previous reports and present results, probably the active constituents present in the plant preparations including alkaloids, flavonoids and polyphenolics produced immunomodulator activity

by increasing non-specific immune cells activation and numbers. They may also produced the present activity by regulating the level of cytokines, including TNF, IL, IFN, LK, NO, and free radicals at cellular level. The decrease in total body weight, tumor size and increased total survival time reflects the efficacy and safety of therapy. These results are also supported by their higher therapeutic index as

shown in acute toxicity study. Hence, we conclude that the treatment with these plant preparations could be of high efficacious and safer than compared to existing medication. Hereby, we conclude that the extracts of *A.bracteata* and *C.dactylon* possess effective and safe anticancer activities. However, more detailed studies are required to establish molecular mechanism of action of these preparations.

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